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New Lisbon Lions Host Senior Appreciation Party

On Saturday March 14 2009, the New Lisbon Lions hosted an appreciation party for our local senior citizens. We played Bingo, gave out door prizes, assisted with blood pressure and diabetes screening, listened to a talk by Heidi Randall of the Juneau County Committee on Aging and had a delicious Swiss Steak dinner.

Numbers of use: 88 senior citizens plus 13 age-eligible Lions equals 111 senior citizens who were served by this project. Twenty-three Lions were on hand to help with the project. Heidi Randall is with the Juneau County Committee on Aging, based in the courthouse annex in Mauston. The committee provides the elderly nutrition program throughout the county, a senior citizens transportation program and several elderly advocacy and assistance projects including income tax and homestead credit assistance.

ABOVE: *A local senior being screened for diabetes by a nurse from Mile Bluff Medical Center/Hess Memorial Hospital.*

RIGHT: *Some of the guest enjoying the concert.*

The blood pressure and diabetes screening was done by nurses from Mile Bluff Medical Center/Hess Memorial Hospital.

Send your news & photos of Lions in action today!

Many Hands Make Light Work

by ADP Patty Overturf

Spring! What a wonderful time of the year. Outside, things are turning green. Flowers are blooming. Now is the time to reinvigorate your club! Share with all your friends what great things your Lioness Club is doing in your community and how rewarding working together on projects and fundraisers is when you're helping those in need. Remember the difference we make in the lives of children who attend Lions Camp. Remember the millions of people around the world who have had their sight saved or restored. All clubs benefit from additional hands to share the workload.

Now is the time when many clubs are planning summer fundraisers. Wouldn't it be wonderful to introduce your friends to the joy that comes from helping others? Your own enthusiasm will go a long way in influencing others to join.

What an awesome Affiliate District Convention we had last month The Sparta Lioness did an amazing job as our host. Thank you! I would also like to thank my officers who helped me as well. If you sat out this convention - you missed out big time.

It is the responsibility of every Lioness to learn as much as you can about what we do as well as why we do what we do. Make the time to learn about Child Abuse Prevention, Lions Camp, Sight Projects, Hearing Program, Lions Pride, Diabetes Awareness, and much more. A great opportunity to expand our knowledge and experience about Lionism is fast approaching. May 15-16 is Wisconsin Lions State Convention in Wisconsin Dells at Chula Vista Resort.

The Lions have always welcomed and included the Lioness at State Convention for as long as I can remember. There are great seminars and speakers as well as a Lioness social on Friday from 5:00 – 6:00pm and a Lioness meeting on Saturday morning from 9:00 – 9:45. This is a time to make new friends, learn what is going on throughout the state, and gather information and new ideas to take back to our clubs. We all make time for those things that are important to us.

The Wisconsin Lioness in conjunction with the State Convention Committee will be hosting a Wine and Cheese Tasting Social Thursday evening May 13 at the Ho-Chunk Casino from 7:00pm to 10:00pm. All proceeds will be donated to a Wisconsin Lions project as determined by the Lioness of Wisconsin. Lioness Loretta Ewelt has the work schedule. E-mail her at loretta1951@centurytel.net. Please come and help if you are able. It will be fun! More information on Lions State Convention and registration may be found at www.lionsstateconvention.org.

Continue to bloom wherever you are!

Warrens 5th Annual Blood Drive

On Thursday March 26th 2009 the Warrens Lions held their fifth annual Blood Drive. Forty pints of blood were donated by local residents. Pictured is Warrens Lion Randy Kissack. .

The Warrens Lions gave pancakes, sausage and of course cranberry juice to those that donated to the American Red Cross.

Soldiers Grove Lions Honor 50 Year Member

by Lion Steven Fortney

John Young joined the Soldiers Grove Lions Club in 1955 and continues to be a very active member volunteering in various Lions sponsored activities.

He especially takes pride in being a leader in collecting used eye glasses for the "Lions Recycle for Sight" program and always encourages people to bring their old specs into his business, John's TV, so they can be packaged and shipped to those who need them.

Over the years John has been Zone Chair and Deputy District Governor of District 27-D2, as well as having held most of the offices in the SG Lions Club.

He was also involved in chartering the Gays Mills and Readstown Lions Clubs.

Lion President Bob Allan said, "The Club has always enjoyed John's willingness to make himself available whenever there is something that needs to be done, and we've really been blessed to have had him in our club all these years."

Congratulations Lion John and thanks for all your service.

50 YEARS AND COUNTING - *President Bob Allan and Secretary Anita Kelly present John Young with an Lions Clubs International 50 year member appreciation certificate.*

May Is Mental Health Month

From DGE Kathy Friske

Getting your brain in order might be good for you if you have adult onset diabetes.

Diabetes is the perfect breeding ground for anger. Anger can start at diagnosis with the question, "Why me?" You may dwell on how unfair diabetes is: "I'm so angry at this disease! I don't want to treat it. I don't want to control it. I hate it!

One reason diabetes and anger so often go hand in hand is that diabetes can make you feel threatened. Life with diabetes can seem full of dangers - insulin reactions or complications. When you fear these threats, anger often surges to your defense.

While it's true that out-of-control anger can cause more harm than good, that's only part of the story. Anger can also help you assert and protect yourself. You can learn to use your anger. You can even put it to work for better diabetes care.

Let anger be your ally

The goal is not to get anger out of your life. You may go on feeling angry about the same things. When you feel threatened, afraid, or frustrated, anger is a normal response. But you can put your anger to work for you. Your anger may be a signal that you need to take action. A few sessions with a skilled counselor might help.

Anger can be a force for action, change, and growth. The better you understand your anger, the better you will be able to use it for good self-care.

Cashton Lions Donations

by John Bertling

Lions Tom Moore, Wayne McDaniel and John Bertling are pictured with The Cashton Lions Club presented crossing guards Tanya Dickman and Julie Steinhoff. with a gift certificate during a program in their honor as a part of Crossing Guard Week.

Cashton Lions Club Treasurer John Bertling presented a $500 check to Mari Freiberg, the director of Scenic Bluffs Health Center. The Lions and Scenic Bluffs co-sponsor a program called "The Cashton Walkers" that promotes walking and fitness activities for better health in the Cashton area.

Asparagus Brunch Pockets

- 1 pound asparagus
- 1/8 teaspoon salt
- 4 ounces cream cheese
- Pinch of pepper
- 1 Tablespoon milk
- 1 tube 8 ounce crescent rolls
- 1 Tablespoon mayonnaise
- 2 teaspoon melted butter
- 1 Tablespoon Chopped onion
- 1 Tablespoon seasoned bread crumbs
- 1 Tablespoon diced pimento

Cut asparagus in one inch pieces boil in water for 3 minutes. Drain.

Cream the cream cheese, milk, mayonnaise. Add chopped onion, diced pimento, salt and pepper mix.

Separate the crescent rolls into triangles on a baking sheet.

Spread 1 teaspoon of the cream mixture on each triangle, top with asparagus then another teaspoon of the cream mixture.

Bring up corners together and twist.

Brush with butter and sprinkle with seasoned bread crumbs.

Bake in a 375 degree oven for 15 to 18 minutes until golden brown.

Nutrition Facts

Serving Size:	79g
Calories:	82
Calories from fat:	60
Total Fat:	6.7g
Saturated Fat	3.9g
Cholesterol	19mg
Sodium:	117mg
Carbohydrates:	3.9g
Dietary Fiber:	1.3g
Sugars:	1.5g
Protein:	2.6g

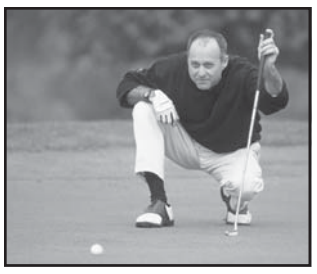
Golf Outing to Benefit LEBW

The 4th annual region 4, zone 1 Four person scramble golf outing is planned for Wednesday, June 17th at the Viroqua Hills Golf Course, Viroqua, Wisconsin.

Tee time 1 PM shotgun start, Meal at 5:30 PM. Plenty of prizes, hole events, mulligans and more. All proceeds to Lions Eye Bank of Wisconsin.

In the last 3 years, we have raised over $5,000 for the Wisconsin Lions Camp and the Lions Eye Bank of Wisconsin.

$50 includes 18 holes, cart, and dinner. $25 for members of the Viroqua Hills Golf Course. For those just interested in coming for the dinner, meal reservations are only $12.



Reservations due June 1 with any open slots made available to the public at that time. Registration forms are online http://www.md27d2.org/news.htm. Send your reservations and checks made our to Viroqua Lions Club to:

Sandy Jacobson
E8966 N Lyster Rd
Readstown WI 54652

27-D2 District Governor
Mike Kelley
mikemyrna@mwt.net
608/847-6331

At our last cabinet meeting, March 15, we had a membership report from our Membership/Retention Chairman, Eric Ender. He stated that 27-D2 was down 19 members but future numbers looked better. Zone chair s indicated 14 new members will be inducted in April with many clubs in having a membership drives. Our retention for 27-D2 is above the state average so keep up the good work. It's important to keep members informed, involved and happy with the service they are providing.

By now all clubs should have had their elections and their PU101 forms sent in. Thank you all for your prompt attention in helping keep our 27-D2 section of the 2009-2010 directory current.

As Myrna and I have been traveling around the state to all the district conventions, we continue to be amazed at all the hard work clubs and their members go through to put on the convention. When we read about the projects from other districts, we are able to generate new ideas to bring back to our district. I think most Lions would be surprised at the numbers of volunteer hours needed to host a district convention. Thank you all for your efforts.

The month of May brings about the time when clubs need to review their activities for the past year. What really worked? What wasn't the most successful and what can we, as a club, do to be more successful in the future?

Clubs need to strive not to become stagnant doing the same projects year after year. Clubs should not be afraid of change as very often change brings about positive results. New activities bring about new interest not only in club members but also in the community.

Enjoy your spring activities.

New Pin

by Brian Overturf, Pin Chair

The State Convention is just a couple of weeks away. I encourage you to come and take a gander at the pin trading area. There will be many Pin Traders from all over the state with a wide variety of pins from all over the world. If it is time for your Club to have a new trading pin designed, this will be a great time to get your creative juices going.

The new District 27-D2 pin will be available at the Convention. This Angus Cow and Calf pin is the second of the Beef series for our District. It will be a great series, and that's no "Bull".