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Lioness News

by ADP Patty Overturf

June! Can it already be the end of another great and wonderful year for the Lioness, Lions, and Leos of 27-D2? We have served our communities well this past year.

Congratulations to the new Affiliate District Officers-Elect:

President
Lioness Myrna Kelley
Mauston Lioness

Vice-President
Lioness Rose Levendoski
Stoddard Lioness

Secretary
Lioness Karen Spreuer
Holmen Lioness

Treasurer
Lioness Kathi Beane
Onalaska Lioness.

Please give them your support throughout this coming year.

Next years' Affiliate District Convention will be hosted by the Norwalk Lioness Club the first Saturday in April 2010. Set that date aside now. You won't want to miss it!

At our District Convention, I handed out information on the statewide Lioness Raffle to be held at Lions Camp Open House in September. Raffle prizes should be worth at least $25.00 or you may send a check. If you haven't donated to this - please do so. It would be great too have 100% participation as D1 and D2 are in charge and all proceeds go directly to Lions Camp. Any questions, please call me - 269-2478.

During the month of June, I will be making my last two club visitations at which I will be installing officers for the coming year. New leadership brings fresh ideas and revitalizes our clubs. Give your whole-hearted support to your new officers. Take on new opportunities to serve your communities and make a difference in the lives of those less fortunate.

In closing, I want to thank all the Lioness of D2 for your support throughout this year. I have had a wonderful year as your Affiliate District President. A special thank you to my Affiliate District Board who were there when I needed them and made my job easier. The memories and friendships of this past year will last a lifetime. Please extend to incoming Affiliate District President Myrna Kelley and her board your whole-hearted support in the coming year. I also want to thank my husband, PDG Lion Brian Overturf, for his support and help throughout this year. His chauffeuring, proofreading, and encouragement made the year more enjoyable.

Continue to bloom wherever you are!

TTT Training Held in Warrens

Over 30 Lions and Lioness from Regions 1 and 2 attended a TTT training session on Saturday, March 28th, 2009 at the Warrens Lions Log Building.

TTT stands for Transfusion, Transition and Transformation.

This plan was created by Lions Clubs located in the Western United States. Its goal is to show us how to retain the Lions/ Lioness members that we have and to teach us how to gain new members.

The program was taught by PDG John Schwab. PDG John's presentation was extremely informational to those of us who want to see this greatest of service organizations continue for many years to come.

The average Lion is 62 years of age. If we are to continue, we need an influx of younger members with fresh ideas and a new perspective.

It is imperative that these new members are mentored by their sponsors and challenged to become a part of the Club. Just joining a Club with no further guidance is not enough anymore.

New members need to feel that they are a viable member of the organization or their membership will be short lived. TTT will show you how to accomplish this goal.

For more information on this fantastic program, contact:
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Tomah, WI. 54660
608/372-6238
packers1313@centurytel.net
Thanks to all who attended.

27-D2 District Governor
Mike Kelley
mikemyrna@mwt.net
608/847-6331

I wonder where the year went. It seems like yesterday we were in Thailand for a week's training for District Governor in Pattaya . We were wondering how we would remember all that was being presented to us. Then we went on to Bangkok for another week which included being sworn in as your District Governor of 27-D2. What a great year it has been. We have especially enjoyed visiting clubs and listening to what each club has been doing to make them "Everyday Heroes".

Myrna and I have met so many great people wherever we have gone and want to thank all of you for your hospitality. The last two years, first as your Vice District Governor then as your Governor, we have made many friends which we'll cherish forever. Without being your governor, we would not have met many of these great people.

We hope everyone that attended the State Convention had an enjoyable time. Many, many hours of hard work goes into an event of this magnitude to make it work. Now we're looking forward to the International Convention in Minneapolis July 6-10. Seeing Lions from around the world makes us realize just how much "We Serve". There are over a million Lions throughout the world. What an impact we make everywhere!

It has been a pleasure writing these articles throughout the year. The newspaper has been well received. We are fortunate to read of all the projects that are occurring in clubs all over Wisconsin. Keep up the great work!!! Have a wonderful, service filled summer.

Check out www.md27d2.org for the latest news

PDG Night Recognizes Service

The West Salem Lions Club hosted their 39th annual Past District Governors night on Wednesday, April 15th. All Past District Governors of 27-D2 are invited to attend this event. This year fifteen PDG were able to attend with their spouses. Two of the PDG that attended continued on and became International Directors. They were ID Harry Merriman and our present ID Art Marson.

That evening the West Salem Lions Club also took time to remember the sixty years that the club has been in existence and serving their community. Several members reflected on their memorable moments since they have joined in Lionism. This ranged from working the fair food stand, delivering Christmas baskets, preparing for the snowmobile races, attending conventions, and other fund raisers and service projects.

During the evening two very active West Salem Lions were presented Melvin Jones Awards by International Director Art Marson. Lion Willard (Bud) Greene was awarded a MJF for his work as Deer Hide Chairperson for 27D2 and all of his other time given to club projects. Lion Ken Williams was also sited with a MJF for all of his work on last years State Convention plus all other time and work donated to the West Salem Lions Club. Congratulations to these great West Salem Lions.

Vision Research Month

Will you lose your sight to Diabetes?

Compared with the general population, people with diabetes are 25-30 times more likely to lose their sight from retinopathy, cataracts or glaucoma. There may not be any symptoms in the early stages of the disease in every instance. That's why it's essential you know as much as you can about your eyesight. Armed with information, you can effectively reduce your chances of blindness. What is the likelihood that you will lose your sight from diabetes? Take this quiz and find out.

1. It's been more than one year since you've had a comprehensive eye exam, which includes dilating the pupil and a careful evaluation of the back of your eye. Yes or No
2. You suffer from blurry vision from time to time. Yes or No
3. You are in your 20s, take insulin and have had diabetes for more than five years. Yes or No
4. You have recently been diagnosed as a person with non-insulin-dependent diabetes. Yes or No
5. You have diabetes and your blood sugar level often fluctuates out of control. Yes or No
6. You have diabetes and suffer from high blood pressure. Yes or No
7. You are of Hispanic, African-American, or Native American descent. Yes or No
8. Family members who have diabetes now suffer from diabetic retinopathy, cataracts, or glaucoma. Yes or No
9. You're overweight (according to your doctor's height/weight chart) and you don't exercise. Yes or No
10. You're a woman, you have diabetes and you're pregnant. Yes or No

If you answer Yes to one or more of the question you could lose your sight.

Diabetic retinopathy affects people with diabetes. The leading cause of blindness in American adults, it is caused by changes in the blood vessels of the retina.

This diabetic eye disease weakens the small blood vessels in the retina. Retinal blood vessels can break down, leak, or become blocked - affecting and impairing vision over time. In some people with diabetic retinopathy, damage to the eye can occur when abnormal new blood vessels grow on the surface of the retina.

Hope for the future. Scientists are still working toward a better understanding of diabetic retinopathy, and new treatment options are on the horizon. In the meantime, early detection of retinopathy and close watch by an eye doctor are major goals for the successful treatment of patients with diabetes.

People with diabetes need to know that dangerous changes in the retina often happen before they notice changes in their sight. All people with diabetes should have a professional eye exam at least once a year. The eye doctor can decide if you need more frequent exams. People with diabetes should also get regular medical care to control their diabetes.

Creamy Rhubarb Dessert

Crust
- 1/2 cup cold butter or margarine
- 1/2 cups all-purpose flour
- 1/2 cup chopped pecans

Rhubarb Layer
- 4 cups sliced rhubarb
- 1/2 cup splenda
- 2 tablespoons all-purpose flour

Cheesecake Layer
- 2 (8oz) pkg cream cheese, softened
- 1/2 cup splenda 1 teaspoon vanilla extract
- 3 egg

Topping
- 1 1/2 cups sour cream
- 3 tablespoons splenda
- 1 teaspoon vanilla extract
- Additional chopped pecans (optional)

In a bowl, cut butter into flour until mixture resembles coarse crumbs; stir in pecans. Press into an ungreased 13-in. x 9-in x 2-in. baking pan. Bake at 350 degrees F for 15 minutes.

Combine rhubarb, sugar and flour; spoon over the crust. Bake for 15 minutes.

Meanwhile, in a mixing bowl, beat cream cheese, sugar and vanilla until fluffy. Add eggs, one at a time, beating well after each addition. Pour over hot rhubarb layer. Bake for 30 minutes.

Combine sour cream, sugar and vanilla; spread over hot cheesecake. Cool on wire rack for 1 hour. Refrigerate overnight. Sprinkle with additional pecans if desired.

Club Activities

HILLSBORO LIONS EASTER EGG HUNT was very successful again this year treating over 100 kids by hiding 120 dozen eggs in the City Park. A total of 28 Easter Baskets were claimed by all ages with special marked Easter eggs. The weather was super on April 11th, the local High School Cheerleaders assisted in hiding the eggs, plus providing an Easter Bunny. The Hillsboro Firemen assisted with the use of their truck & PA system. The local St Joseph Nursing Home patients assisted in stuffing the plastic eggs with jelly beans. The Peterson Pharmacy assisted in making up the 28 Easter Baskets. Pictured above Are Lions Doris Skemp, Al Skemp, Carl Baller, Liz Johnson, Bonita Phillips, and Jenni Phillips.

WARRENS LIONS COOK STEAK ON THE "BARBIE" - On Thursday evening April 9th 2009 the Warrens Lions cooked 150 steak suppers for the 20th annual "Fisherman's Night Out" banquet held at the Warrens Lions Log Building. The rib eye steaks are cooked over oak firewood to enhance the flavor. The Cranberry Country Lioness of Warrens served the meals. The proceeds from this event are donated to many of the Youth based service organizations such as the Boy Scouts in the Warrens area. The Warrens Lions and Lioness are proud to donate to this most worthy cause with the "Tomah – Warrens Sportsman's Alliance".

send your news and photos of Lions in Action to Editor Pat today!