District Editor: Pat Kennedy . 251 Lincoln St., Elroy WI 53929 . 608/462-5636 . pjkennedy@centurytel.net

Lioness News

December is a busy time for everyone. Shopping, baking, decorating, and special times with friends and family. Yet, amid the hustle and bustle, we as Lioness, Lions and Leos find time to make Christmas special for those who are less fortunate. No gift can compare with that feeling we receive from giving of ourselves. So give generously of yourselves this Christmas season!

My visits to Mauston, Norwalk and Holmen were wonderful. I got to meet with the Lioness and observe their commitment and service. The hospitality and friendship that was shown to me will always be remembered.

Lions District Convention is right around the corner. I strongly urge all Lioness to attend this convention as well as our Affiliate District Convention on April 4th in Sparta. Schedules fill up fast so pass along dates to your members as soon as possible. Club presidents - please remember to promote these events often to your club members!

I have some exciting news! Our Wisconsin Lioness website is up and running at www.wisconsinlioness.org. Check it out. The goal is to provide information to anyone wanting to know about Lioness, joining a club in their area, provide online forms, connect with other clubs and view district newsletters. Information about your club that you would like put on the website may be e-mailed directly to Lion/Lioness Sharon Eberhardt at wilioness@yahoo.com. Also, don't forget Lion Charles Kennedy will put information, including the 27-D2 page of the Wisconsin Lion on www.md27d2.org. His e-mail is agrafitti@centurytel.net.

There is a new State Lions Affiliate Liaison – PDG Lion Chuck Post. I would like to thank Lion/Lioness Liz Brown for all her years of serving in that capacity. All club supplies should be ordered from Lion Chuck at 3338 S. 92nd St. Apt. 1; Milwaukee, WI 53223. Phone: 414-541-8608 or e-mail mpost001@wi.rr.com.

VDG Notes

from VDG 27D2 Kathy Friske

Do you realize that half of this Lions year is gone?

Hope you deer hunters had a great season and the deer hides are being picked up by a Lions Club to be prepared to be sold for the Lions Camp.

Now that Thanksgiving is over and Christmas is on our doorstep we need to be thinking of 27-D2 District Convention being held at the Tee Pee Super Club and Convention Center in Tomah, WI. The Host Clubs Oakdale and Warrens have planned a great time for all with a few surprises along the way. Keep an eye on the District 27-D2 website www.md27D2.org for updates.

Last, but certainly not least, here are a few more diabetic meal tips to help you stay healthy during the rest of the holidays.

Holiday Meal Planning -The holidays can be a tough time for families, especially families dealing with diabetes. But there's no reason you can't take it all in stride. With a little preparation and some diabetes know-how under your belt, you'll be ready to face any holiday head-on.

Holiday Preparation - The most important thing about managing diabetes during any holiday season is to plan ahead. The more you know about what's going to happen, the better you can plan for good diabetes care. Let's look at a few specifics.

Schedules - What does your family schedule look like for the holiday season? Are you going out of town? Having visitors stay with you? Do your plans usually include a lot of parties and food-oriented events? Or are your holidays more active, with events such as the annual family Thanksgiving football game? Getting a handle on what your schedule will look like ahead of time will help out a great deal as you tackle each day.

Menus - Once you know what your day will consist of, you should then examine your menus. Do you have traditional dishes that you make every year? There's no need to completely rework your menu just because of diabetes, but you may want to fine-tune it a bit. Planning ahead can help. For example, maybe there are some ways you can make your traditional holiday foods a bit healthier. Will that casserole taste just as good with fat-free or light sour cream instead of regular? Can you steam the green beans this year instead of sautéing in butter?

There are plenty of ways to lower fat, sugar, and carbohydrate counts in your favorite foods while still keeping the taste and texture you love. If your family looks forward to Aunt Selma's Heavenly Fudge every year -- go ahead and make it, but first talk to your diabetes educator or dietitian about ways to work a piece or two into the meal plan. It may mean eating less of other treats, getting more exercise, increasing insulin doses, or a combination of all three. But you can do it!

Stoddard Lioness Camp Visit Truly Inspirational

Members of the Stoddard Lioness Club attended Lions Camp Open House in September.

This inspirational day included tours of the camp, eye glass recycling center and testimonials given by campers. All came home with a new appreciation of what it means to serve too.

L to R: *Lynne Stange, Karla Pearson, Nancy Brosinski, Kathy Peterson, Maggie Schlicht, Chris Magnuson and Sally Emerson.*

Cranfest For Kids & Adults Alike

KIDS LOVE TO PLAY - As you can see the 2008 Warrens Cranberry Festival was not just for the adults. A couple of future Lions enjoyed themselves on the playground equipment purchased by the Warrens Cranberry Country Lioness Club a couple of years ago. The Warrens Lions along with many other civic minded organizations again benefited immensely from the festival this year. Cranfest is the major fundraising event for the Warrens Lions. Proceeds from the festival enable us to maintain our Log Building and to support many Lions programs.

First Ever Kendall Community Picnic a Huge Success

by Lion Alice Brandau

Kendall, Wisconsin is known for the Elroy-Sparta Biking Trail headquarters. The original train depot has been beautifully restored and contains a number of artifacts as well as photos of by-gone days. It is the first of many railroads developed into a biking/hiking/snowmobile trail and is visited by thousands each year.

Two years ago several people saw the potential to restore a vacant lot adjacent to the headquarters. Today it has become a beautiful Central Park with a gazebo, walkways, trees, shrubs and flowers. Many donations made it possible and Kendall Lions have supported this project in a number of ways.

It also became the perfect setting for the first community picnic sponsored by the Kendall Lions with a "South of the Border" theme on July 9"."Bring a dish to pass and a chair to sit on" were the only requests for those attending. Bright colored tableware and ice cold lemonade and water were furnished by the Kendall Lions.

"Just Friends" a talented quartet, sponsored by the Lions entertained the crowd with songs titled "South of the Border".

The beautiful summer evening ended with children lined up to try and break the pinatas and a mad dash for the candy after the mission was accomplished.

Comments were favorable. A success? Yes! And annual event? Kendall Lions are already making plans for a similar project next year giving back to the community that has supported them and making themselves more visible to this small community.

27-D2 District Governor
Mike Kelley
mikemyrna@mwt.net
608/847-6331

It's hard to believe that the holiday season is upon. As Myrna and I were going door to door selling Lion's Christmas wreaths reality hit us. This is the end of another year.

District conventions and club visitations are in full swing and it's really wonderful to witness some of the Miracles Through Service that are happening in all our communities throughout District 27-D2, whether it's by local, district or international projects.

When your club is doing a community service project, make sure to get the public input as this also gives them part of the ownership and may draw new members into your club.

We had our second Cabinet Meeting and all five regions have been having their zone meetings.

We had our second MERLO meeting on October 20 with PDG John Schwab presiding. We had a great attendance. PDG John spoke to us about the Emerging Lion's workshop on December 11-14, the Mid-Winter Conference on January 24, the October TTT (Transfusion, Transition and Transformation) training and the Leadership Training on February 27 through March 1.

Many strategies were discussed. It was felt that October was going to be a great month for new membership growth in 27-D2 as at least 16 new members have been sworn in.

We were all informed about the GMT (Global Membership Team) and their willingness to come and work with our district.

All clubs are working hard to replace their drops and add to their membership which is one of my goals for 2008-09. Keep up the great work!

As we look forward to 2009, we need to ask ourselves how we can continue to keep our clubs active and growing. Questions to ask yourselves include: 1. Are we replacing our drops with new members? 2. Have we had a membership month where "each" member has brought a guest? 3. Have we provided an orientation program for our new members? 4. Are we meeting our communities needs with our service projects? 5. Are our members aware of the different programs we support such as WLF, PRIDE, Hearing, Eye Bank and Mission to Mexico to name just a few. 6. Are your club members having fun? A happy, hardworking club gets a lot accomplished.

Finally, Myrna and I would like to wish you a great holiday season and health and happiness in the coming year.

Nothing great was ever achieved without enthusiasm
– Ralph Waldo Emerson

Register by January 1st & get a FREE Convention Pin

27-D2 Convention Registration Form

February 13th - 14th Tee Pee Supper Club & Convention Center, Tomah

Club _____
Phone _____
Email _____

Fees	By 1/15
Registration (Lions, Lioness, Lion/Lioness & Guests)	$6
Convention Pin	$3
Saturday Lunch*	$13
Saturday Evening Banquet**	$15

Name Title:	Reg.	Pin(s)	Fri. Night (circle one)	Sat. Lunch*	Sat. Banquet**	TOTAL
☐ Lion ☐ Lioness ☐ Lion/Lioness ☐ Leo ☐ Guest	$	$	yes no	$	$	$
Name Title:	Reg.		Fri. Night (circle one)	Sat. Lunch*	Sat. Banquet**	TOTAL
☐ Lion ☐ Lioness ☐ Lion/Lioness ☐ Leo ☐ Guest	$	$	yes no	$	$	$
Name Title:	Reg.		Fri. Night (circle one)	Sat. Lunch*	Sat. Banquet**	TOTAL
☐ Lion ☐ Lioness ☐ Lion/Lioness ☐ Leo ☐ Guest	$	$	yes no	$	$	$
Name Title:	Reg.		Fri. Night (circle one)	Sat. Lunch*	Sat. Banquet**	TOTAL
☐ Lion ☐ Lioness ☐ Lion/Lioness ☐ Leo ☐ Guest	$	$	yes no	$	$	$
Name Title:	Reg.		Fri. Night (circle one)	Sat. Lunch*	Sat. Banquet**	TOTAL
☐ Lion ☐ Lioness ☐ Lion/Lioness ☐ Leo ☐ Guest	$	$	yes no	$	$	$

PLEASE PRINT CLEARLY & FILL IN ALL APPROPRIATE BOXES

Amount Enclosed $

* LUNCH MENU
Roast Beef, Chicken Cordon Bleu, Mashed Potatoes, Gravy & Green Bean Melody

** BANQUET MENU:
Roast Pork, Baked White Fish, AuGratin Potatoes, Peas- Broccoli-Cheese & Cranberry Dessert

MAIL CHECKS & REGISTRATION TO:
Timberwood Bank
Attn: Greg Zingler
P.O. Box 880, Tomah WI 54660
Phone: 608-374-1159
Fax: 608-372-3757
gzingler@timberwoodbanks.com

REGISTRATION DEADLINE:
January 15th, 2009

LODGING:
Holiday Inn Tomah
Interstate 94 & Highway 21 · Tomah, WI 54660
608 372-3211

Please book rooms directly with Motel. A block of 25 rooms has been reserved. Ask for Lions Special Rates